



OAK DISPOSABLE

UNIVERSAL SLING



PRIOR TO USE

Please ensure that these User Instructions and the General User Safety Guide are read prior to first use of any moving and handling practice. Mackworth Healthcare Ltd recommend that prior to using any sling, a full risk assessment must be completed by a qualified professional, in order to determine that the correct sling, positioning and transfer procedure is suitable for each individual.

- Ensure you are aware of the hoist manufacturer's fitting instructions. Please identify if the hoist requires a loop or clip fitting. If a clip fit sling is required, please refer to the enclosed clip instructions for use. (Do NOT use a clip fit sling on a loop designed spreader bar. Do NOT use a loop designed sling on a stud/clip designed spreader bar.) For all other sling information/clip & hoist size compatibility, please refer to pages 8 & 9 of the General User Safety Guide. To view our clip fitting video please visit: www.mackworth-healthcare.com/training. For general guidance for how to fit a sling, please visit: www.mackworth-healthcare/category/guides.
- Inspect the sling for wear and damage, with particular attention being paid to the body of the sling, webbings and stitch lines (Be Aware of LOLER 1998 - Lifting Operation and Lifting Equipment). For further information please visit: www.hse.gov.uk/work-equipment-machinery/loler.htm
- If the sling is fitted with a head support, ensure the two head stays are fitted in the head pockets.
- If following inspection, there is any doubt (points 1-3), the sling should be placed aside and not used.

INSTRUCTIONS FOR USE

How to fit from a seated position:-

1. Place the sling behind the user ensuring that all handles and labels are on the outside and visible. Feed the sling down the back of the user. This should be at the base of the spine, and positioned centrally to the user's back. The sling should now lie square across the user's shoulders. If you find this is either higher or lower than the shoulder line, the back of the sling may not have been positioned deep enough, or the sling size may need to be reconsidered.
2. Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the strap from under one leg feed the webbing through the lower loop on the other leg. By carrying out this arrangement, you are ensuring comfort for the user during the lifting process
3. With the sling now in place, attach the desired loops to the hooks or clips to the studs on the spreader bar to replicate the sitting position that the user is in whilst seated. The straps should then be positioned accordingly; subsequently the tension on all four straps should take at the same time.
4. **Make sure that the loops or clips selected are the same on each side of the sling and ensure that they are still securely attached before lifting the user.** The user can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. Important – always peel the sling away from the user – this avoids skin friction.

How to fit from a lying position:-

1. Using good manual handling techniques roll the user towards you so that they are positioned on their side. To introduce the sling, roll half of the sling up under itself so that when the user is rolled onto their opposite side, the sling can be unrolled until it is flat. Use the centre pocket to ensure the base of the back section is in line with base of the user's spine. Ensure that handle loops are to the outside.
2. Raise each leg individually and gradually feed the leg straps under each leg, ensuring no fabric twists are evident. Taking the strap from under one leg feed the webbing through the lower loop on the other leg. By carrying out this arrangement, you are ensuring comfort for the user during the lifting process; the four straps should now be attached to the spreader bar hooks. Raise the carry bar just enough so that all the straps are under a slight tension.
3. **Make sure that the loops or clips selected are the same on each side of the sling and ensure that they are still securely attached before lifting the user.** The user can now be lifted as required. To remove the sling, carry out the fitting procedure in reverse. Important – always peel the sling away from the user – this avoids skin friction.

Disposable Sling Care Guide

- * Do Not Use In A Damp Environment / Atmosphere
- * Do Not Tumble Dry or Iron
- * Safe Working Load 200kg (31 Stone) (440lbs)

This is a **Short Service Sling** and the following checks should be carried out prior to each use of the sling.

- * Check for any damage to the sling or signs of deterioration.
- * Check that the sling is not damp or has not been in contact with water.
- * Check that the lifting straps are in good condition and have no fraying.
- * Do not use the disposable sling for bathing or showering.
- * If any contact with liquid occurs, change the sling immediately.

Disposal of the sling

Dispose of the sling if it has become soiled, damaged or contaminated. The sling had been designed specifically for individual use, destroy the sling once the user has been discharged in accordance with your procedures and regulations.

For further information, help or advise please refer to the Mackworth Healthcare General User Safety Guide. Alternatively please call our Customer Services Team on +44 (0)800 779 7218 .

CE



Mackworth Healthcare Ltd, Mackworth House, Millers Avenue, Brynmenyn Industrial Estate, Brynmenyn, Bridgend, Wales, CF32 9TD **Freephone: +44 (0)800 779 7218** **Fax: +44 (0)1656 721 918** **Email: sales@mackworth-healthcare.com** **Web: www.mackworth-healthcare.com**

